

WOOTTON VALLEY NEWS

JUNE/JULY 2022 NO 138
DISTRIBUTION WOOTTON COOLONGLOOK
BUNGWAHL BUNYAH BULAHDELAH

STRIPED MARSH FROG (*Limnodynastes peronii*)

This is the most commonly encountered frog on the east coast, it will move into a garden “frog pond” and can be found in ponds, roadside ditches, creeks, dams, flooded areas and any other available water body. Males can be heard calling “plonk” in most months of the year except deep winter. They breed in spring and summer laying eggs in a foamy mass on still water, including fish ponds and abandoned swimming pools. Tadpoles can reach a total length of up to 9.5 cm and can take seven to eight months to develop into frogs. Find out more at <https://www.frogid.net.au/>

[CLICK HERE TO LISTEN TO STRIPED MARSH FROGS](#)



COMMUNITY CALENDAR

The details of all Events will be confirmed on Social Media and conducted in accordance with Public Health Orders. Wootton Community facebook group	
Sun 12 Jun	• Wootton Fire Brigade Shed: training, Squires Rd 8am
Tue 14 Jun	• Brush Turkey Café: WCN committee meeting all welcome 10.00am
Fri 17 Jun	• Wootton Library: community hall, 10am to midday
Sat 18 Jun	• Brush Turkey Café: WCN Working Bee 1 pm <i>Chris George 0411036917</i>
Sun 26 Jun	• Brush Turkey Café: State of Origin Footy <i>Chris George 0411036917</i>
Mon 4 Jul to Fri 15 Jul <i>School Holidays</i>	
Wed 6 Jul	• Wootton Hall: NAIDOC Week Art Workshop 9:30am <i>Chris George</i>
Sun 10 Jul	• Wootton Fire Brigade Shed: training, Squires Rd 8am
Tue 12 Jul	• Brush Turkey Café: WCN committee meeting all welcome 10.00am
Fri 15 Jul	**Copy deadline for Wootton Valley News**
Fri 15 Jul	• Brush Turkey Café: New Art Exhibition <i>Tracy Smith 0400311157</i>
Fri 15 Jul	• Wootton Library: community hall, 10am to midday.
Sat 30 Jul	• Wootton Hall: Xmas in July Dinner 6pm <i>Sue Williams 0438 433 063</i>

The Wootton Valley News is usually delivered before the 1st day of each *second* month.

WOOTTON COMMUNITY NETWORK NEWS

Committee meetings are held **each month as per community calendar** in the Brush Turkey Café and are **open to the community to attend**, please RSVP secwootton@gmail.com

Maintenance Update

A **working bee** will be organised for **Saturday 18th June** from 1pm onwards to work on the post and rail fence beside the café, the retaining wall behind the café and a few other small jobs around the precinct.

Any **equipment and tools you can bring** along will be greatly appreciated. More information will be sent out to members via email and [Facebook](#) closer to the event.

Please contact Chris George on 0411036917 if you have any enquiries.

Meet the Artists Friday 13.5.22

The community gathered at the Brush Turkey Cafe to help open a group show of artists from Wootton. It was a very diverse group exhibiting this time, from emerging artists who were



showing their work publicly for the first time to artists who have been exhibiting for many, many years. Ranging from our youngest creatives *Evie Wright* and *Leo Wrigley* to the oldest who shall not be named. *Robyn North Zaman* and *Wendy Rapee* put an eye-catching flyer together which attracted a lot of attention all around the district. It was very competently curated by *Paul Smith*, *Victoria Norman* and *Ella Spindler*. They made the room look fabulous.

Cath Muscat was official photographer on the night and *Chris George* gave a moving Acknowledgement of Country. **Works will be on display until mid-July** so come on down and enjoy a coffee and pastry at the Hardwood Espresso and view the broad range of styles and techniques. *Congratulations to Tracy Smith for an excellently organised and run event.* *Chris G*



Wootton's Biggest Morning Tea

Thursday 19th May is official Australia's Biggest Morning Tea Day. This event helps to raise much needed funds for the Australia Cancer Council. The funds are used to support family and friends of people with cancer.

Wootton Community Network and Neal Lyons of Hardwood Espresso supported this amazing event and held a very successful morning tea with Neal providing much needed coffee and refreshments. (Without Neal it would have been instant coffee or a tea bag).

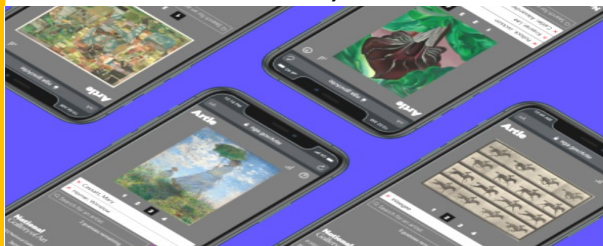
Many people including *Chris George, Mary Lee, Shelley Mac, Carol Bridge, Farm to Fridge, Great Lakes Winery* and others have generously donated prizes and gifts to help raise money.

There was **Tea-rivia, Guess the full Tea Cup, Lucky hidden prizes** as well as auctions both noisy and silent. **\$1,035 was raised** and we would like to thank all those generous people who attended and joined in the fun and games to help raise the much needed funds for support, prevention and research into cancer.

A huge shout out to *Tracy Smith* for an excellently coordinated event and her passion for this valuable charity. *ChrisG*



You've Heard of Wordle, But Have You Tried "Artle" www.nga.gov/artle.html



Play Artle

Four artworks, one artist to discover.
A new puzzle is available daily.

Play Today

Did you get to see **Jo Lyon's "Wootton be Anywhere Else"** exhibition at the café?

There were lots of compliments from locals and visitors, all well-deserved praise for Jo's big efforts printing, framing, hanging and entertaining at the opening night.

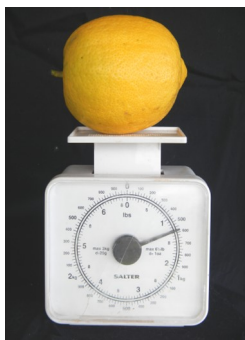


On Saturday 30 April it rained.... after 2 years of covid delays, the Wootton - Topi Topi Sustainable Farming Group was excited to finally meet **Dr Alexandra Knight** who shared stories, photos and

sounds of some of the **many amazing frogs** that might be living in our area but have not been listed in scientific records for the area.

Thanks to *Carol Robinson* for sharing her dam for us to find frogs.

Find out more and use your phone to identify your frogs www.frogid.net.au/
[Use iNaturalist for frog photos and sounds people have recorded around Wootton](#)



Wootton is producing some fantastic vegetable crops.

This huge lemon from *CatherineM* weighs in at **550g**, but according to [Guinness World Records](#) the world's heaviest lemon weighed almost ten times as much at **5.265 kg** (11 lb 9.7 oz) on 8 January 2003 grown by Aharon Shemoel on his farm in Kefar Zeitim, Israel.

June is your last chance to plant garlic for harvest in November, and time to put in **broad beans, potatoes, peas, cabbages** and other **winter vegetables**.

Here are the [vitamin C contents](#) of some common fruits (mg/100g):-
Avocado - 8, Blueberry - up to 16, Grapefruit - 34, Kiwifruit (green) - 98,
Lemon (juice) - 46, Orange - 53, Papaya - 62, Strawberry - 57, Tomato - 19
Kakadu Plum - up to 3,150—a [native Australian superfood!](#)

Thursday 2 June at Bulahdelah School of Arts from 6pm to 8pm

MidCoast Council Community Conversation. These are Council-



facilitated sessions where you can discuss the issues that matter to you in your neighbourhood. Make suggestions, ask questions, learn about local projects and meet your new councillors. For more information and to submit a ques-

tion visit haveyoursay.midcoast.nsw.gov.au/community-conversations

Do you have another community group based in Wootton

4 *Email us to be included in the newsletter. secwootton@gmail.com*



Multiple members of the [Wootton RFS](#) have been awarded **National Emergency Medals** from the RFS Commissioner for their outstanding services and contribution to the 2019-2020 fires that devastated NSW. These medals were granted to members both at a community ceremony and at their stations

by RFS executive. Congratulations to all these members and it is fantastic to see them recognised for their efforts and contributions. The successful recipients were *Bill Buckland, Bernard Carran, Karen Carran, Mike Coventry, Adam Garnett, Jim Garnett, Colin Griffiths, Brett Selby and Paul Spiteri*.

Special thanks to Mike Coventry The Wootton RFS would like to recognise the service and involvement of *Mike Coventry*. He is widely regarded in the local community for his active service to the Wootton area and its surrounds. Mike has decided to stand down as the Deputy Captain after many years of leadership and contribution but will continue his input to the brigade as active firefighter and Permit Officer.



Stay fire-safe this winter—check online for tips about heaters, chimneys and smoke alarms at [Winter fire safety - Fire and Rescue NSW](#)

Captain **Adam Garnett** 0428 272 629

Permit Officers **Mike Coventry** 0407 458 167; **Renee Spiteri** 4997 7149



**LAST CHANCE!! - Dine & Discover NSW
vouchers expire 30 June 2022.**



ARE YOU MISSING OUT ON THE NEWSLETTER?

Sometimes it is just not possible to deliver a newsletter because we can't get access, or there is no letterbox. Then again, trees/branches might be stopping us from reaching it.....and sometimes there's only one letterbox for two properties... ask your neighbour if they have your copy!

The online copy is at wootton.org.au/wvn.php

Upcoming Landcare Events around Wootton include:-

- Sat 4 June—Drones for your Farm
- Sat 23 July— Weedless Wootton

and later in the year we'll have "Attracting and Identifying Birds", "Tool Sharpening" (September) and "Plant Propagation" (November)

RSVP Joël Dunn joel.kgl.landcare@gmail.com

www.facebook.com/karuahgreatlakeslandcare/



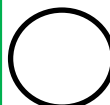
Latest ATAGI advice:- "During the COVID-19 pandemic, there has been reduced circulation of influenza virus and lower levels of influenza vaccine coverage compared with previous years. With borders reopening, a resurgence of influenza is expected in 2022. All COVID-19 vaccines can be co-administered (given on the same day) with an influenza vaccine.

AMA Vice-President, Dr Chris Moy, says "people had to take steps to protect themselves by wearing masks as part of a "coherent strategy" that included encouraging people to get their flu shots. "And one of the things that has been forgotten is to try and make people aware that if they catch COVID anti-viral medications are available in the first five days and can significantly reduce the risks of people developing serious disease," he said. COVID-19 is on track to become one of Australia's biggest killers this year, causing almost as many deaths as dementia and heart disease. An average of 285 Australians

are dying a week with COVID, which would result in 14,826 Australians dying this year."



MOON PHASES



FULL MOON
14 Jun & 14 Jul



NEW MOON
29 Jun & 29 Jul

18th - 24th July 2022 Farm Safety Week

'Recipe for Disaster'. A cookbook will be released celebrating real Australian farmers, paddock-to-plate stories, traditional family recipes using their farmed produce, and the innovative solutions that they are employing on their farms to address WHS challenges. Long lunches will be held in paddocks across Australia to bring together friends and family to celebrate our food and fibre and the most important asset on our farms **our people**. <https://farmsafe.org.au/>



BANKING DETAILS FOR WOOTTON COMMUNITY NETWORK

Same banking details apply for all MEMBERSHIPS and EVENT BOOKINGS, please direct deposit to **Wootton Community Network Inc.**

- **CBA Forster BSB 062669 Account No 10250496**

- Reference = Name and Reason eg *"Joe Blow mship"* or *"Jill Doe Feb dinner"*

Please email when paid to notify the Treasurer woottonguesthouse@gmail.com

Wootton Directory contains important local contacts. *Always dial 000 for Emergency.*



Wootton Community Network

President: Sue Williams 0438 433 063

Secretary: Robyn Piper

Treasurer: Leanne Wright 4997 7201

Email: secwootton@gmail.com

[FoodSwap](#): Peter Dixon 0478741111

Bookings—all facilities

Celebrating something special? Running a Course or a Market?

Getting people together?

Sue Williams 0438 433 063

Wootton Rural Fire Brigade

Captain: Adam Garnett 0428 272 629

Sen Dep Capt: Bernard Carran 0409684177

www.facebook.com/woottonrfs

Midcoast Fire Control

Burnoff notifications 1300 643 262
(24hour prior notice)

Karuah Great Lakes Landcare

joel.kgl.landcare@gmail.com

Joël Dunn 0401 932 533

Wootton - Topi Topi Sustainable Farming Group

Fred Fetherston 0427 461 101

MidCoast Council: 6591 7222

State Forests Wauchope 6585 3744

Bulahdelah Police: 4940-7470

State Emergency Service 132 500

Local Land Services

Wild dogs Laurie Mullen 0407 785 007

Rural Resilience Group

Peter Brown 0437 671 459

National Parks & Wildlife 6591 0300

Fawna Wildlife Rescue 6581-4141

Electricity Essential Energy 13 20 80

Wootton Justices of the Peace (JPs)

Warren Richardson 0407 146 373

Paul Spiteri 0407 298 954

Renee Spiteri 0407 516 089

Gary Cross 0418 251 090

**Bulahdelah Waste Facility
opening hours**

Tues 1-5pm, Fri 12-4, Sun 10-2

DIRECTORY

New advertisers Welcome, contact Leanne at woottonguesthouse@gmail.com.

Advertisers note:- your advertisement in the Wootton Valley News will be due from 1st July 2022 for the new financial year, thank you for your continuing support.



Wootton Guest House

Too many visitors? 4 air conditioned bedrooms with en-suites and balconies. Reasonable rates. Contact Peter & Leanne www.woottonguesthouse.com
4997 7201 0407 974 420

Ede's Real Estate Pty Ltd since 1956

For all your Real Estate needs in Wootton, Bulahdelah and surrounding areas. *Agent/ Agency Award Winners '18, '19, '20, '21 & 2022* LOCAL AGENT 4997 4566 0408 492 883 Remember Choosing Ede's is choosing success edes@edes.com.au www.edes.com.au

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RPS Enterprises - "Bulahdelah Buses"

You require the transport we do the driving. Luxury Air conditioned seat belted buses available for wedding guest transport, winery trips, concerts, sporting events. Call Paul and Renee Spiteri to discuss your transport needs. 4997 7149 or 0407 298 954

Tim McDonnell Lic no. 14660

Plumbing, Draining, Roofing Guttering Water tanks, Gas fitting Wootton & all areas - 0418 682 199

Binna Burra construction Lic no.299434C

Custom building and carpentry, servicing Smiths Lake, Pacific Palms, Wootton, Nambucca, Forster and surrounds. 0421 245 197 www.facebook.com/binnaBurraconstruction/

Bulahdelah Post Office Mon-Fri 9am-5pm.

Bank@Post personal and business banking, passports, gift cards, phones, variety of gifts, now in store lotto & instant scratchies. 4997 4283

C & E Mobile Mechanical

Log book & general service, brakes, steering, suspension, electrical repairs, welding, breakdown assist. MVRL58530. Craig Huggett—0410 655 920

B&H Rural Contracting

Variety of agriculture & farming services, Machine operator, Animal husbandry, Vertebrate pest control, Fire mitigation and much more. Phone: 0401 312 877 email: info@bhruralcontracting.com.au

Liarne's Hair and Beauty

A private home salon. All ladies and mens hairdressing. Waxing, relaxation facials, lash and brow tinting. Air conditioning, eftpos facilities. Tuesday to Friday 9am to 5pm 0412 833 700

Dr Lynette Arnoldus-Lewis

Psychologist—Nabiac, Approved DVA Provider Domestic violence, Marriage counselling, Grief, Carers support, Family Issues 65541535 0429 190 142 lynette.arnoldus@bigpond.com

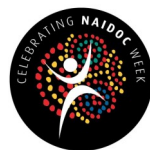
Yoga Classes with Naomi Patton

Wootton Hall. Mondays 9-10am we unwind with a gentle yin/restorative class, suitable for everyone, even those nursing injuries. Wednesdays from 9.15-10.45am it's an active Hatha class where we get moving. All welcome. 0414 387 008

Earth Elemental Massage

Hawaiian Lomi Massage; Earth elemental massage (Hot stones, Herbal Compress, Sound Healing); Remedial Massage (health fund rebates available) By Appointment Only 0466 881 030 Charmaine Nielsen, Willina

**NAIDOC
WEEK**



**GET UP!
STAND UP!
SHOW UP!**

3-10 JULY 2022

Accommodation

Real Estate

Wootton Transport

Building - Plumbing

Pest Control & Farm Services

Health and Beauty